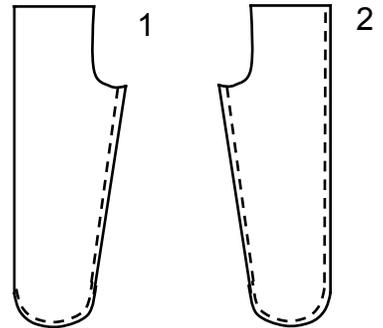


Michnasayim (Pants) Assembly

To help us have holy intent in assembling the michnasayim, we say the following *We clothe you in our common cloth. May you enter the earth as a child, returning to the heart of your mother. May your soul be free to merge with the Eternal.*

1. Sew the inseam of each leg (and side seam as in "2" if side of garment is not on fold). The feet are sewn shut like footed jammies.



3. Turn one leg right side out, and insert it into the other leg, matching inseams.

4. Sew crotch seam from center-back through the curve of the crotch, leaving the straight part of front open as a fly. Stitch the curve a second time.

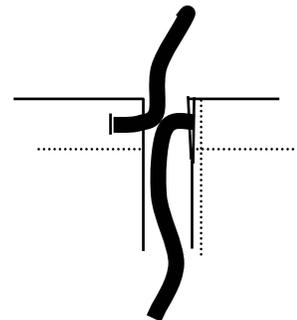
5. Tack down 4 inches of the seam allowance at the center back seam, and at side seams if any.

6. On the right front fly, turn the waist over 2" (right side in) and stitch along the fly edge. Turn and press.

7. On the left front fly, turn in the seam allowance of the fly edge and stitch.

8. Fold top of waist over 2 inches, with the raw edge on the inside of the pants, and stitch a casing around the top of the pants.

9. On the right front fly, cut a slit on the outside of the casing 2 inches from the fly edge, and thread the pants-waist tie through the slit into the casing and around to exit at the left side of the fly.



10. Press the pants, fold them, and package them together with two leg ties.

Upon completing the garment say:

שׁוֹשׁ אֲשִׁישׁ בִּיהוּהַ תִּגַּל נַפְשִׁי בְּאֱלֹהֵי כִי הִלְבִּישָׁנִי בְּגָדֵי-יֵשֶׁה

Sos assis b'Adonai, tagel nafshi, b'Elohai, ki hilibshani bigdey yeshah

I will greatly rejoice in the Eternal, my soul shall be joyful in my G-d. For G-d has clothed me with garments of salvation. (Isaiah 61:10)